

Summary of Work Restrictions for Healthcare Personnel <sup>1</sup>				
	Vaccination Status	<a href="#">CDC Conventional Strategies</a>	<a href="#">CDC Contingency Strategies</a>	<a href="#">CDC Crisis Strategies</a>
Infected	Any	10 days OR 7 days with negative test <sup>2</sup> , if asymptomatic or mild-moderate illness with improving symptoms	5 days with/without negative test, if asymptomatic or mild-moderate illness with improving symptoms	Facilities contact NYSDOH. No work restrictions, with prioritization considerations (e.g., types of patients they care for).
Exposed <sup>3</sup>	<b>Up to date:</b> Fully vaccinated and boosted OR Fully vaccinated but not eligible for booster dose	No work restrictions, negative test on days 1 <sup>4</sup> and 5-7	No work restrictions	No work restrictions
	<b>Not up to date:</b> Fully vaccinated and eligible for booster but not boosted OR Not fully vaccinated	10 days OR 7 days with negative test <sup>2</sup>	No work restrictions with negative tests on days 1 <sup>4</sup> , 2, 3, and 5-7 (if shortage of tests prioritize testing for day 1-2 and 5-7)	No work restrictions (test if possible). Facilities contact NYSDOH if unable to test.

1. For details and for return to work recommendations for HCP who are immunocompromised, have severe or critical illness, or are within 90 days of a prior infection, refer to [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](#) (conventional standards), [Strategies to Mitigate Healthcare Personnel Staffing Shortages](#) (contingency and crisis standards), and Infection Control FAQs at [Clinical Questions about COVID-19: Questions and Answers](#).
2. Negative test result within 48 hours before returning to work.
3. HCP who are not able to avoid ongoing exposure to an infected individual throughout the duration of the individual's illness (e.g., a household contact) should be tested according to the matrix above and then regularly thereafter, with the final testing occurring 5-7 days after their last exposure. See Infection Control FAQs at [Clinical Questions about COVID-19: Questions and Answers](#).
4. For calculating day of test: For those with infection consider day of symptom onset (or first positive test if asymptomatic) as day 0; for those with exposure consider day of exposure as day 0.